[J Manipulative Physiol Ther.](https://www.ncbi.nlm.nih.gov/pubmed/8263436?dopt=Abstract" \o "Journal of manipulative and physiological therapeutics.) 1993 Oct;16(8):556-9.

**Chiropractic correction of congenital muscular torticollis.**

[Toto BJ](https://www.ncbi.nlm.nih.gov/pubmed/?term=Toto%20BJ%5BAuthor%5D&cauthor=true&cauthor_uid=8263436).

**Abstract**

**OBJECTIVE:**

To present a case of congenital muscular torticollis and discuss the clinical manifestations and chiropractic treatment.

**CLINICAL FEATURES:**

A 7-month-old male infant with significant head tilt since birth was brought to a chiropractic physician for evaluation. The infant's history included ear infections, facial asymmetry and regurgitation. Significant spasm of the left sternocleidomastoid and trapezius muscles, a left lateral atlas and suboccipital joint dysfunctions were present upon examination. A diagnosis of congenital muscular torticollis was made.

**INTERVENTION AND OUTCOME:**

Treatments included chiropractic manipulation, trigger point therapy, specific stretches, pillow positioning and exercises. Excellent results were obtained.

**CONCLUSION:**

Suggests that chiropractic intervention is a viable treatment option for congenital muscular torticollis. Further studies should be performed to compare the effectiveness of other treatment options.

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